

Food name: Keto Blueberry Muffins

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>1 (80g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>210</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 19g	<b>24%</b>
Saturated Fat 2g	<b>9%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 75mg	<b>24%</b>
<b>Sodium</b> 160mg	<b>7%</b>
<b>Total Carbohydrate</b> 23g	<b>8%</b>
Dietary Fiber 3g	<b>12%</b>
Total Sugars 3g	
Includes 0g Added Sugars	<b>0%</b>
Sugar Alcohol 15g	
<b>Protein</b> 4g	
Vitamin D 0.4mcg	2%
Calcium 40mg	4%
Iron 0.4mg	2%
Potassium 90mg	0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Eggs, Organic Blueberries, Canola Oil, Swerve Sweetener (Erythritol), Coconut Flour (Organic Coconut Flour), Coconut Milk, Baking Powder, Low Sodium, Salt

**Contains:** Eggs, Tree Nuts